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Author Ramel Rones has been steadily gaining acclaim in the healing community through his publications and his work at the Dana Farber Cancer Institute. The Sunrise Tai Chi book quickly climbed into the top 10 Tai Chi books on Amazon.com less than one month after its publication. Like the companion DVD, Sunrise Tai Chi resonates with readers because of Ramel's warm and charismatic teaching. The program is simple to understand and easy to follow along with, yet it offers deep insight into the art of moving meditation, and how it can be used to improve health.

In Spring 2007, his work with cancer patients, using the techniques taught in Sunrise Tai Chi, was featured on the Hallmark Channel, and in Boston Globe magazine. Ramel and co-author/director David Silver have taken the Tai Chi spotlight, with three bestselling titles on Amazon.com in three years (Sunrise Tai Chi DVD, Sunrise Tai Chi book, Tai Chi Energy Patterns DVD). Their work in mainstreaming Tai Chi has opened the door to many people who were unable to find an appropriate program to begin the study of mind/body exercise. Endorsed by contemporaries such as Herb Benson, Ted Kaptchuk, and Miriam Nelson, the Sunrise Tai Chi program provides a mind/body healing regimen that can and should be used by everyone interested in healing, and in a higher quality of life.

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